

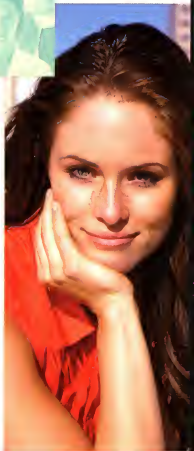


Facial Cosmetic Surgery

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The American Association of Oral and Maxillofacial Surgeons (AAOMS), the professional organization representing more than 9,000 oral and maxillofacial surgeons in the United States, supports its members' ability to practice their specialty through education, research and advocacy. AAOMS members comply with rigorous continuing education requirements and submit to periodic office audit/suasion evaluations.



saving faces | changing lives®

Oral and Maxillofacial Surgeons: An Important Link

Oral and maxillofacial surgeons are the only recognized dental specialists who, after completing dental school, are surgically trained in an American Dental Association-accredited hospital-based residency program for a minimum of four years. They train alongside medical residents in internal medicine, general surgery and anesthesiology, and also spend time in otolaryngology, plastic surgery, emergency medicine and other specialty areas. Their training focuses almost exclusively on the hard (ie, bone) and soft (ie, skin, muscle) tissue of the face, mouth, and jaws. Their knowledge and surgical expertise uniquely qualify them to diagnose and treat the functional and esthetic conditions in this anatomical area. The scope of oral and maxillofacial surgery practice includes, among others:

- Outpatient Anesthesia
- Dentoalveolar Surgery to manage diseases of the teeth and their supporting soft and hard tissues
- Surgical Correction of Maxillofacial Skeletal Deformities
- Cleft and Craniofacial Surgery
- Facial Trauma Surgery
- Temporomandibular Joint Surgery
- Pathologic Conditions, such as head and neck cancer
- Facial Reconstructive Surgery
- Facial Cosmetic Surgery

For more information on oral and maxillofacial surgery, or to find a surgeon in your community, visit aaoms.org, or call the American Association of Oral and Maxillofacial Surgeons at 800/822-6637.



Oral and maxillofacial surgeons are uniquely qualified to diagnose and treat a wide range of conditions affecting the face, mouth, and jaws. Their training includes a minimum of four years of hospital-based residency, during which they work alongside medical residents in internal medicine, general surgery, and anesthesiology. They also spend time in otolaryngology, plastic surgery, emergency medicine, and other specialty areas. This comprehensive training allows them to provide a wide range of services, from routine dental procedures to complex surgical treatments. Their expertise is particularly valuable in cases involving trauma, cancer, and congenital or acquired deformities. They work closely with other medical professionals to ensure the best possible outcomes for their patients.

Is Cosmetic Surgery for You?

Thanks to the development of advanced medical devices and biomaterials, many of today's facial cosmetic procedures are minimally invasive and can be performed in an office setting using local and/or intravenous anesthesia. Some procedures such as Botox®, Dysport®, and dermal fillers can be done with no anesthetic whatsoever. More extensive procedures may require use of an outpatient or same day surgery center, or hospital.

Because of their surgical and dental background, oral and maxillofacial surgeons are uniquely qualified to perform surgical and related treatments of the functional and esthetic aspects of the face, mouth, teeth and jaws.



Cosmetic Chin Surgery*



before



after

Nasal Reconstruction*



before



after

* procedures were done in conjunction with corrective jaw surgery

Extensive education and training in surgical procedures involving soft tissue (skin and muscle) and hard tissue (bone and cartilage) make the oral and maxillofacial surgeon finely attuned to the importance of harmony between facial appearance and function.

Common Cosmetic Facial Procedures

Cheekbone Implants (Malar Augmentation) create the appearance of higher, more prominent cheekbones and better facial balance. Fullness in the cheek area is also a sign of youth.

Chin Surgery (Genioplasty) increases or reduces the length and projection of the chin. There are two basic procedures. One involves moving the chin bone in any direction then fixing it securely with tiny wires or screws. The other uses an implant to add size to a receding chin.

Ear Surgery (Otoplasty) is usually done to set prominent ears back closer to the head, or to change the shape or reduce the size of large ears.

Cosmetic Ear Surgery



before



after

Facelift and Forehead/Brow Lift



before



after

Patients photos courtesy of Richard W. Joseph, DMD

Eye lid Surgery (Blepharoplasty) removes fat and excess skin from the upper and lower eyelids, and can be done alone or in conjunction with other facial surgery procedures such as a facelift or browlift.

Facelift (Rhytidectomy) provides a more youthful appearance by tightening facial skin, muscles and removing excess skin. A *mini facelift* is a minimally invasive technique involving only small incisions. This is more often used in younger patients requiring less correction.

Facial and Neck Liposuction can help sculpt the face and neckline by removing excess fat. Neck liposuction is often performed in conjunction with such procedures as genioplasty and corrective jaw surgery.

Forehead/Brow Lift is often done in conjunction with blepharoplasty to improve brow positioning, minimize frown lines and reduce forehead wrinkles.

Lip Enhancement can reshape the upper and lower lip to give a more esthetic or youthful

appearance. Augmentation of the lips is accomplished using various materials that help “plump” the lips, creating fullness and decreasing vertical lines.

Nasal Reconstruction (Rhinoplasty) can reduce or increase the size of your nose, change the shape of the tip or the bridge, narrow the span of the nostrils, or change the angle between your nose and your upper lip.

Skin Treatments

Several techniques exist for treating skin that is wrinkled, scarred or otherwise damaged. The amount of improvement varies and depends upon the initial condition of the patient's skin and the procedure.

Botox® Cosmetic and DYSPORT® injections can reduce the signs of aging by reducing the muscle activity and wrinkles of the eyebrow and forehead. It is especially effective in reducing frown lines.

Chemical Peel involves the application of a solution that causes the wrinkled or damaged top layers of skin to peel, revealing new, healthier skin after healing. There are several types of chemical peels depending on the severity of the skin condition.

Dermabrasion smooths surface irregularities to produce a more uniform appearance.

Laser Skin Resurfacing removes the outer layers of the damaged or wrinkled skin. The new skin appears healthier and smoother, giving a rejuvenated, more youthful appearance.

Injectable Fillers (Restylane®, Perlane®, Juvederm™, and Collagen, etc.) are synthetic or naturally occurring materials that are placed with small needles to plump wrinkles, furrows or grooves in the skin. The injectable fillers can even be used for a “liquid facelift.” The results are instantaneous and long lasting – from 6 to 18 months – and gentle and safe for your skin.



Facing the Facts

Facial cosmetic surgery may refine, enhance and/or rejuvenate existing features. It will not give you a new face or a new life. How much or how little change is realized depends on the individual and the extent of the surgical procedure. Your age, health, skin texture, bone structure, healing capacity and personal habits, such as smoking or alcohol consumption, are all factors that may affect the results of your surgery.

Each procedure outlined in this brochure entails a reasonable recovery period during which you may experience some swelling, bruising and discomfort. These are part of the normal healing process.

If you are interested in learning more about these procedures and determining whether you are a candidate for facial cosmetic surgery, please schedule a consultation with an oral and maxillofacial surgeon.

Oral and maxillofacial surgeons are an important link in the referral network for primary care providers. To find an oral and maxillofacial surgeon in your community, visit the “Find a Surgeon” database at aaoms.org, or call the American Association of Oral and Maxillofacial Surgeons at 800/822-6637.